



# WEEK AT A GLANCE

## JESSIE WOWK ELEMENTARY


### Oct 21 - 25, 2024

**Monday, Oct 21**

Book Fair

PAC Meeting @  
5:30

**Tuesday, Oct 22**

Pizza Hot Lunch 

Early Dismissal @  
1:45

Conferences

District Cross  
Country Run

**Wednesday, Oct 23**

Early Dismissal @  
1:45

Conferences

Book Fair

**Thursday, Oct 24**

Subway Lunch



**Friday, Oct 25**

Pro-D Day (no  
school for  
students)

### **Reminder**

#### **Illnesses**

- Thank you for keeping your child home if they are feeling unwell or show symptoms of cold/flu (coughing, sneezing, fever, etc.)

#### **Book Fair**

- Come visit the Book Fair before & after school on Oct 21 and 23!

#### **Late Arrivals/Early Pick-Ups**

- Please remember to sign in at the office if students are arriving after 8:45am & sign out at the office for any early pick-ups

### **Upcoming Dates**

Nov 8	Remembrance Day Assembly @ 10:45 (Families welcome)
	Indigenous Veterans Day
Nov 11	Remembrance Day (No School)
Nov 25	Pro-D Day (no school for students)

### **OUR SCHOOL STORY**

Check out documents and reflections of our School Story [HERE](#).

### **Dress for the Rain & Cooler Weather**



With upcoming rainy days, please remember to send extra clothes and rain gear. We will be outside for recess rain or shine!

Extra clothes



Rain boots

Rain Pants



Layers & Rain Jacket





"Playing 4-square helps me feel good and I can exercise and be with my friends." - DR



Connecting as a school through music. Div 3 & 5 shared the song "You've Got a Friend in Me"



"Digging in the sand makes me feel happy." - A (Gr. 1)

## *Wowk Cares - Care for Self*

"Wowk Cares" has been a big part of our way of being at the school. Last week, Div. 3 and 5 students shared a song "You've got a friend in me", and reminded us that being a good friend is a form of care for yourself, as it helps you feel good. Although our focus was "Care for Self", we know that there are connections to caring for others and place. Students shared ideas of how they can care for themselves: read a book, take a walk, go outside, play with friends, play sports, listen to music.

**Invitation: Ask your child(ren) what are some ways they can care for themselves?**