

	Care for Self	Care for Others	Care for Place
Classroom	<ul style="list-style-type: none"> • Have supplies ready • Be ready to learn • Try your best • Have breakfast • Get a good night sleep • Be engaged 	<ul style="list-style-type: none"> • Allowing others to take a turn • Raising your hand • Showing respect for other's ideas • Be kind • Use respectful language/ tone • /volume • Use self-regulation or calming techniques in yellow/red zone • Listening to others 	<ul style="list-style-type: none"> • Cleaning up (supplies/lunch) after yourself and helping the class • Use materials respectfully • Try to recycle properly • Put the garbage where it needs to go
Gym	<ul style="list-style-type: none"> • be aware of personal space • participate and try your best • follow instructions 	<ul style="list-style-type: none"> • Encouraging others to do their best • Being a good team player 	<ul style="list-style-type: none"> - Being safe with the gym equipment - Putting gym equipment away in proper place - Taking care of the equipment you use
Playground	<ul style="list-style-type: none"> • Stay within boundaries • Do something you enjoy while moving your body • Line up when the bell rings 	<ul style="list-style-type: none"> • Play fairly • Include others • Take turns • Use kind words • Seek out adult help when necessary • Invite others to play 	<ul style="list-style-type: none"> • Use equipment safely • Put litter in garbage can • Return equipment to where you got it • Leaving the environment (plants, trees, flowers) as you find it
Hallway	<p>Hands to yourself</p> <ul style="list-style-type: none"> •inside voices •Walk facing forward •stay in your lane 	<ul style="list-style-type: none"> • Walking feet • Stay to the right • Use quiet voices • Use water filling station appropriately 	<ul style="list-style-type: none"> • Respect other people's artwork and displays • Clean up spills on the ground (water)

Washroom	<ul style="list-style-type: none"> • Washing your hands with soap • Throw paper towel in the trash • Use time wisely • Return to class promptly • Use the washroom space appropriately 	<ul style="list-style-type: none"> • Give others privacy • Wait my turn • Report problems to an adult 	<ul style="list-style-type: none"> • Put garbage into the trash can • Putting only toilet paper in the toilet • Flush the toilet after use • Water stays in the sink • Take only what you need (paper towel/toilet paper)
Library	<ul style="list-style-type: none"> • Take care of books, resources and equipment • Return from materials 	<ul style="list-style-type: none"> • Share resources with others 	<ul style="list-style-type: none"> • Push in chairs • Treat books carefully
Online	<ul style="list-style-type: none"> • Getting good sleep • Limit technology time • Keep personal information private • 	<ul style="list-style-type: none"> • Kind/helpful words only • Log out of the computer after use / clear apps on iPads • Ask for permission before posting pictures or content about others • Report inappropriate content to an adult 	<ul style="list-style-type: none"> • I use technology safely and appropriately • Two hands on the laptop if walking • Return iPad or laptop to be plugged in when finished • iPad home screen stays as is, unless given permission
Outside	<p>Do something you enjoy while moving your body Recognizing the connection between nature and wellness</p>	<ul style="list-style-type: none"> • Keep sticks in nature and on ground • Hold the door open for others 	<ul style="list-style-type: none"> • Flower and plants are for observing • Trees are not for climbing • Keep the front entrance clear for people to walk through
Lunchtime/Snack time	<ul style="list-style-type: none"> • We clean up our space after eating • We stay in our chair • Talk quietly • Chew with your mouth closed 	<ul style="list-style-type: none"> • We enjoy our food ourselves and let others enjoy their food • Ask a lunchtime supervisor for assistance during 	<ul style="list-style-type: none"> • Put garbage into garbage can • Wipe your table area after eating • Keeping environment clean

		<p>lunch if you need help</p> <ul style="list-style-type: none">• Choose a quiet activity when you're finished	
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