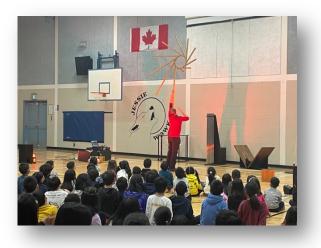


# Wowk News / April 11 - 14

<b>April 10</b> Monday	Easter Monday - No School
<b>April 11</b> Tuesday	HUB Cycling Program - Divisions 1 - 3 DARE Program for Grade 5s
<b>April 12</b> Wednesday	HUB Cycling Program - Divisions 1 - 3 PAC Pizza Day / Division 5 Field Trip to the VSO
<b>April 13</b> Thursday	PAC Hot Lunch
<b>April 14</b> Friday	

### Greg Kennedy Performance - Thank you PAC!



This Wednesday we were fortunate to have a world renowned juggler named Greg Kennedy perform for our students. Greg's show is called Science and Juggling and in addition to being a truly wonderful juggler and performer, he also has an important message about following your passions and dreams. This show would not have been possible without the financial support from our wonderful PAC committee and we want to thank our PAC once again for their tremendous support!

### **Outdoor Education Forms and Documents**

This is just a reminder for our grade 6 and 7 families to please look for the documents that families will need to fill out in order for your child to attend our Outdoor Education program on May 1 – 3 at Camp Cheakamus. We are asking for the forms to be completed and submitted by this Tuesday, April 11<sup>th</sup>. Also, if your child has completed the WaterSafe course, please provide a copy of the certificate either to your child's teacher or the office. If you are not able to make a copy you are welcome to send the certificate to the school with your child and we can make a copy for you.

## As part of Mental Health Week (May 1<sup>st</sup> - 7<sup>th</sup>), Richmond SD 38 presents....

Information Session for Parents, Guardians, and Caregivers Tuesday, May 2, 2023 (on Zoom) 6:30 - 8 pm Holding Onto Our Kids in a Digital World Dr. Deborah MacNamara

As if parenting wasn't hard enough in having to deal with screens, peer pressure on kids - and then we had to add a pandemic on top of it! How can we hold on to our kids so we can influence and guide them? What do kids really need from us so as to grow into socially and emotionally responsible beings? This presentation will discuss issues from technology to peer problems and how parents are the ultimate answer for what kids need most of all. Practical suggestions for (re)building strong relationships with kids from preschoolers to teenagers will be discussed along with managing challenging behaviour - including screen time!

### BIO

Dr. Deborah MacNamara is the author of Rest, Play, Grow: Making Sense of Preschoolers (or anyone who acts like one), and her children's picture book, The Sorry Plane. She is on Faculty at the Neufeld Institute and Director of the counselling practice, Kid's Best Bet.

Parents, guardians, and caregivers can <u>click here</u> to register or use the QR code in the attached flyer - please register by Friday, April 28, 2023.



#### **PAC News**

Hi Jessie Wowk Community!

We've asked the grade 7 grad committee members which fundraiser they had the most fun with you all, so back by multiple requests, please RELISH the moment with the soon-to-be graduates by purchasing a HOT DOG for \$3 after school on Friday, April 14, 2023!!!

Thank you for your amazing support this year!

Jessie Wowk Grad Committee

#### **Important Dates Coming Up**

April 10 - Easter Monday / No School April 21 - Class / Group Photos May 1 - 3 - Outdoor Ed for Grades 6/7 May 12 - Welcome to Kindergarten May 19 - Professional Development Day May 22 - Victoria Day / No School June 9 - Sports Day

#### Equity, Diversity and Inclusion Dates (April)

Sikh Heritage Month March 22 - April 21 - Ramadan (Islam) April 5 - 13 - Pesach (Judaism) April 6 - Hanuman Jayanti (Hinduism) April 7 - Good Friday (Christianity) April 8 - Vesak (Buddhism) April 9 - Easter Sunday (Christianity) April 10 - Easter Monday (Christianity) April 14 - Vaisakhi (Sikhism) April 21 / 22 - Eid - al - Fitr (Islam)

Thank you for taking the time to read this important information for our Jessie Wowk Community. As always, if you have any questions, please contact us here at the school. Sincerely,



Mr. Chris Daum Principal / Jessie Wowk Elementary cdaum@sd38.bc.ca 604-668-6198



Questions about symptoms and wondering if a Covid test is needed? Please go to: <u>https://covidcheck.gov.bc.ca/</u>



