



Wowk News

Jessie Wowk Elementary / School District #38
5380 Woodwards Road, Richmond, BC. V7E1H1
Phone: 604 668-6198 / Email: wowk@sd38.bc.ca

The Week Ahead: May 23 - 27, 2022

Monday 23	Victoria Day Holiday - No School
Tuesday 24	Vaccine Clinic - Grades K, 1, 6 and 7 Mural Celebration - 2:15 pm
Wednesday 25	Pizza Day
Thursday 26	PAC Hot Lunch Day
Friday 27	Fire Drill - 10:30 am



Our Track and Field Meet - What a Great Day!

Our track meet on Tuesday was a huge success for our community and we really want to congratulate all of our students who attended in grades 3 - 7! They did such a tremendous job in representing our school and showed amazing sportsmanship. The weather was perfect, except for a few minutes of light rain, and we're thankful that this day was possible for our each of them. We want to thank all of our amazing staff who put in so much time and effort into organizing this for our school and our parents for being there transport their children to and / or from the event, helping them be prepared, and for your cheering and encouragement.



A Big Thanks to Our Track Committee and Staff Helpers!

Mr. Angman, Mr. Woo, Ms. Sun, Mr. Chan, Mr. Gustafson, Ms. Teng, Ms. Buhr, Ms. Lee and Mr. Hunter

Mural Celebration - Tuesday, May 24th at 2:15 pm



Our crew from our district maintenance department have been working extremely hard this week to put up our mural that was completed by our students back in the fall of the first term. This Tuesday, May 24th at 2:15 pm we will all be gathering in front of the school to unveil the mural and celebrate this tremendous accomplishment for our community. Parents and families are more than welcome to come out and be with us as we drop the tarp over it and have a look at it together for the first time.

Class Placement Information Follow - Up

Please note that the in the upcoming week we will be contacting families who have provided information about their child for class placements and confirming that we have received the information. If you provided information to the school but did not receive a confirmation email, we ask that you please phone the school office.

Welcome to Kindergarten

We had a wonderful Welcome to Kindergarten this past Thursday and it was great to meet and welcome our newest learners to our Jessie Wowk community. We want to thank Ms. Ten-Pow, Ms. MacNeil and Ms. Lunny for all of their efforts in organizing this event for our school and families.



Important Dates Coming Up

- May 23 - Victoria Day Holiday
- May 24 - Vaccine Clinic - Grades K, 1, 6, and 7
- June 10 - Sports Day and Parent Appreciation
- June 24 - Grade 7 Farewell Assembly
- June 28 - Reports Home
- June 29 - Farewell Assembly and Last Day of School

Daily Health Check & What to Do When Sick

Daily Health Check

Everyone going into a school or site must complete a daily health check, including staff, students, and visitors. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Body aches
- Cough
- Sore throat
- Sneezing
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting
- Diarrhea

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools and worksites.

You can attend school/work if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities, AND
- You are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the [Self-Assessment Tool](#), contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).

What to Do if Someone in Your Household is Sick

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19.

Try to stay apart from the person in your household who is sick as much as possible.

Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.

If You Test Positive for COVID-19

Your age and vaccination status determine how long you should self-isolate for if you test positive for COVID-19.

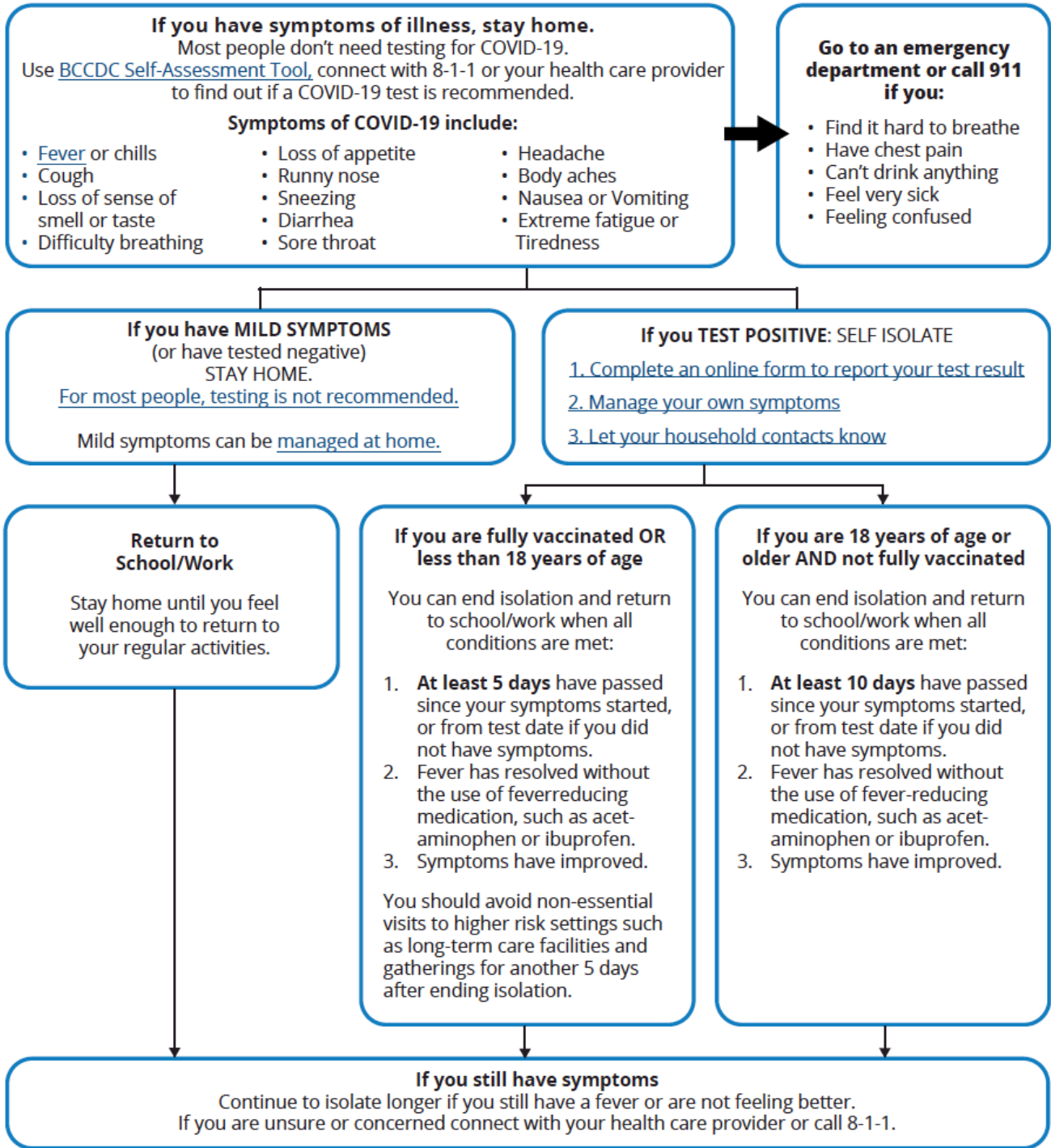
Age	Vaccination Status	Guidance
Under 18 years of age	Unvaccinated, partially vaccinated or fully vaccinated	Self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever. Avoid non-essential visits to higher risk settings like long-term care facilities and gatherings for another 5 days after ending isolation.
18 years of age or older	Fully vaccinated	
	NOT fully vaccinated	Self-isolate at home for 10 days AND until your symptoms improve and you no longer have a fever.

Close contacts, who are usually others in your household, do not need to self-isolate (regardless of vaccination status), but should closely self-monitor for symptoms. BCCDC has more information for [close contacts](#).

If you find it hard to breathe, have chest pain, can't drink anything, feel very sick, and/or feel confused, contact your health care provider right away or go to your local emergency department or call 9-1-1.

This information is adapted from the BC Centre for Disease Control.
For more information, visit <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

Summary: What to Do When Sick



What to do if someone is sick in your household:

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: [Getvaccinated.gov.bc.ca](https://getvaccinated.gov.bc.ca)