



Wowk News

Jessie Wowk Elementary / School District #38
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The Week Ahead: May 16 - 20, 2022

Monday 16	
Tuesday 17	Track Meet at Minoru Field
Wednesday 18	Pizza Day
Thursday 19	PAC Hot Lunch / Welcome to Kindergarten Event (afternoon)
Friday 20	Professional Development Day - No School



Track and Field Information

As a staff we are going about last minute preparations for our Track and Field Meet on Tuesday, May 17th for students in grades 3 - 7. For today and Monday, teachers will be informing students of which events they will be participating in and we have our fingers crossed that the weather cooperates. For parents for students in grades 3 - 7, we will be sending out an email on Monday with a few reminders and bits of information that will be important for families to note for the Track Meet.

Last Call for Class Placement Parent Input - (Same Information Shared from the Last Two Weeks)

Each year at this time, we begin to make school organization plans for September based upon the number of students we know are returning and new registrations that we have received. Before school ends in June, your child's current classroom teacher, resource teacher, educational assistants and administrators will work together to place students for the upcoming school year. These plans are tentative until the first week in September when final student numbers are known. In the first few days of September, all staff meet to confirm teaching assignments and review student placements. In the organizational meetings, many factors are considered when placing students. These



considerations include:

- Learning styles and strengths
- ELL Levels
- Work habits
- Contractual Language
- Special needs
- Age
- Friendship needs and considerations

If you would like the opportunity to provide the school with information about your child's placement for next year, you are welcome to communicate your thoughts through a letter and email it to the school office by Monday, May 16th.

In your letter, please:

- Include important information about your child, both socially and academically, that you feel is important for us to be aware of that will help us in our decision in the placement of your child
- Include your thoughts around what kind of learning environment helps your child achieve success in their learning.
- Do not include comments about / requests for specific teachers or division number

Letters may be emailed directly to Mr. Daum at cdaum@sd38.bc.ca or a hard copy may be brought directly to the office. *Please note that with limited placement possibilities, input and information can be considered but never guaranteed.*

Welcome to Kindergarten

This Thursday, May 19th, we are welcoming 25 new kindergarten students and their families to Jessie Wowk Elementary. We are really looking forward to this opportunity to connect and spend some time together before the start of our next school year. The event will be held in the afternoon in the outdoor garden space.



Important Dates Coming Up

- May 17 - Track Meet at Minoru Field
- May 19 - Welcome to Kindergarten Event
- May 20 - Professional Development Day
- May 23 - Victoria Day Holiday
- May 24 - Vaccine Clinic - Grades K, 1, 6, and 7
- June 10 - Sports Day
- June 24 - Grade 7 Farewell Assembly
- June 28 - Reports Home
- June 29 - Farewell Assembly

Daily Health Check & What to Do When Sick

Daily Health Check

Everyone going into a school or site must complete a daily health check, including staff, students, and visitors. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Body aches
- Cough
- Sore throat
- Sneezing
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting
- Diarrhea

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools and worksites.

You can attend school/work if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities, AND
- You are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, you can use the [Self-Assessment Tool](#), contact your health care provider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. See BCCDC for information on [who testing is recommended for](#).

What to Do if Someone in Your Household is Sick

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19.

Try to stay apart from the person in your household who is sick as much as possible.

Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.

If You Test Positive for COVID-19

Your age and vaccination status determine how long you should self-isolate for if you test positive for COVID-19.

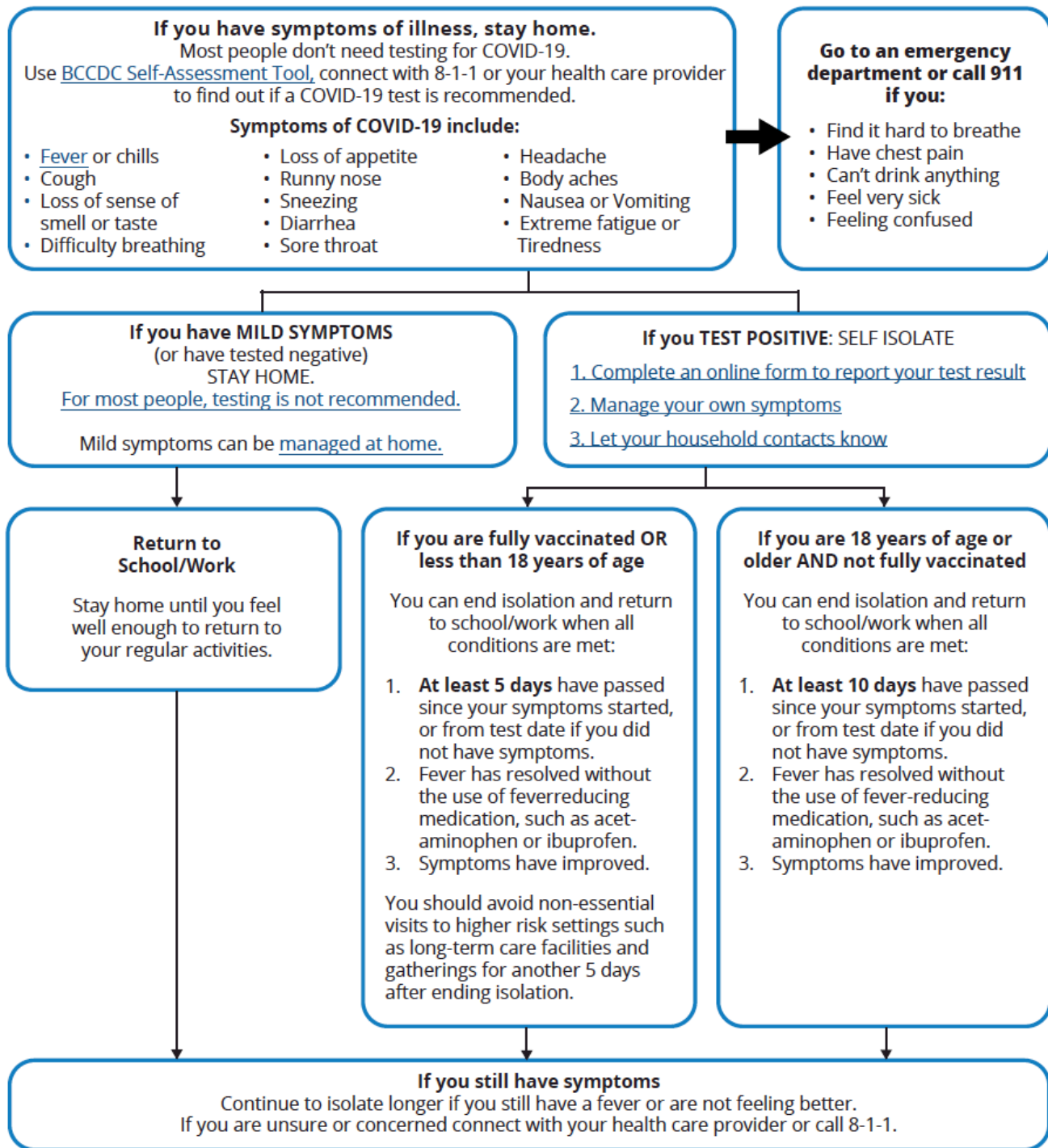
Age	Vaccination Status	Guidance
Under 18 years of age	Unvaccinated, partially vaccinated or fully vaccinated	Self-isolate at home for 5 days AND until your symptoms improve and you no longer have a fever. Avoid non-essential visits to higher risk settings like long-term care facilities and gatherings for another 5 days after ending isolation.
18 years of age or older	Fully vaccinated	
	NOT fully vaccinated	Self-isolate at home for 10 days AND until your symptoms improve and you no longer have a fever.

Close contacts, who are usually others in your household, do not need to self-isolate (regardless of vaccination status), but should closely self-monitor for symptoms. BCCDC has more information for [close contacts](#).

If you find it hard to breathe, have chest pain, can't drink anything, feel very sick, and/or feel confused, contact your health care provider right away or go to your local emergency department or call 9-1-1.

This information is adapted from the BC Centre for Disease Control.
For more information, visit <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>

Summary: What to Do When Sick



What to do if someone is sick in your household:

You can continue to attend school if someone in your household is sick and/or self-isolating as long as you do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Ensure you closely monitor yourself (or your child) for symptoms of illness and stay home if you feel unwell. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: [Getvaccinated.gov.bc.ca](https://getvaccinated.gov.bc.ca)

