



Wowk News

Jessie Wowk Elementary / School District #38
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The Week Ahead: April 4 - April 8, 2022

Monday 4	
Tuesday 5	
Wednesday 6	Pizza Day
Thursday 7	PAC Hot Lunch Day - Sushi
Friday 8	

Hello Wowk Families,

Welcome back! We hope you had a wonderful Spring Break as a family and enjoyed the time together. It has been a busy and enjoyable first week back and we have been lucky to have some sunshine brought our way after a pretty wet past two weeks. It's incredible to think that we already are starting our third term together and we have lots of fun and exciting events coming up this spring. As always, please don't hesitate to contact the school if you have any questions.

MyEd Parent Portal - Thank You!

We do want to thank our families for taking the time to ensure that you were able to check and receive your child's report card through the MyEd Parent Portal prior to Spring Break. As this was new to our community, we appreciate families for being patient if you had difficulty logging into the platform. If at this time you still have any login issues, we ask that you please contact the office.

Ramadhan and Sikh Heritage Month

Ramadhan -April 2- May2, is the 9th month of the Islamic calendar. Ramadhan is a time when Muslims fast from dawn to dusk. At Jessie Wowk Elementary, our staff would like to express our recognition of this spiritual month for our Muslim students and families in our communities and wish you a "Ramadhan Mubarak". As our Muslim students and families embark on a month of self-discipline, community, charity, sacrifice, resilience, compassion, and spiritual and physical benefits, our staff is committed to honouring diversity and would like to send our best wishes to our Muslim students in our communities and their families. The following attached document has been shared with our staff so that we build awareness and a sense of belonging for all. Feel free to be a part of our learning community and familiarize yourself with Ramadhan.

Sikh Heritage Month-Nationally, April is also the celebration of Sikh Heritage. Our local Sikh history and excellence is one to be acknowledged and shared. Once again at Jessie Wowk Elementary we are honoring our Sikh local history, students and families, by engaging in awareness and dialogue with our staffs and students by sharing this [Education Guide on the Sikh Faith](#) and by displaying these Sikh Heritage [posters](#) as a way to engage our learning community in Sikh history and excellence.

At Jessie Wowk Elementary we are committed to values of Equity, Inclusion, Diversity and Decolonization. If you have any questions, feel free to connect.

Health and Safety Info

As you may be aware, some changes have come about in regards to our Health and Safety Protocols here in the school. We thank you for taking the time to read the information that was shared by the district last week. A poster that nicely summarizes some of these changes are on the poster on the following page.

Welcome Back!



There have been some changes
while you were away.



Masks

It's your choice!

Wearing a mask is a personal choice. Parents/caregivers will share their preference on mask wearing with their children. Everyone's choice is supported and will continue to be respected.

Visitors

All visitors on school business will soon be welcome!

Appointments are greatly appreciated, but drop-in visitors on school business will be welcome. Signing in at the school office is required as always, but there's no need for visitors/spectators to leave their contact information. Spectators invited to events are welcome at the school/site too.

Distance

It's your choice!

Who you have lunch with is up to you! Although there are no longer any special capacity limits or distance requirements in lunchrooms for students or staff, spreading out from others is encouraged. Of course, anyone's choice to maintain distance will be supported and respected.

In classrooms, the layout of desks will be determined by the teacher – so they can get creative! Continuing to spread out makes sense.

In gyms, auditoriums, and other areas, multiple classes and people attending events can come together – for now, at 50% of the space occupancy. This limit will be removed in the coming weeks.

Field Trips

Day time field trips are a go!

Day time field trips within BC can be planned and enjoyed! Proof of vaccination will be lifted in the coming weeks, but some places may still have their own rules that we'll all need to respect. As always, field trips will be planned to be inclusive.

Spring Flowers by Division 6



Important Dates Coming Up

April 15 - Good Friday

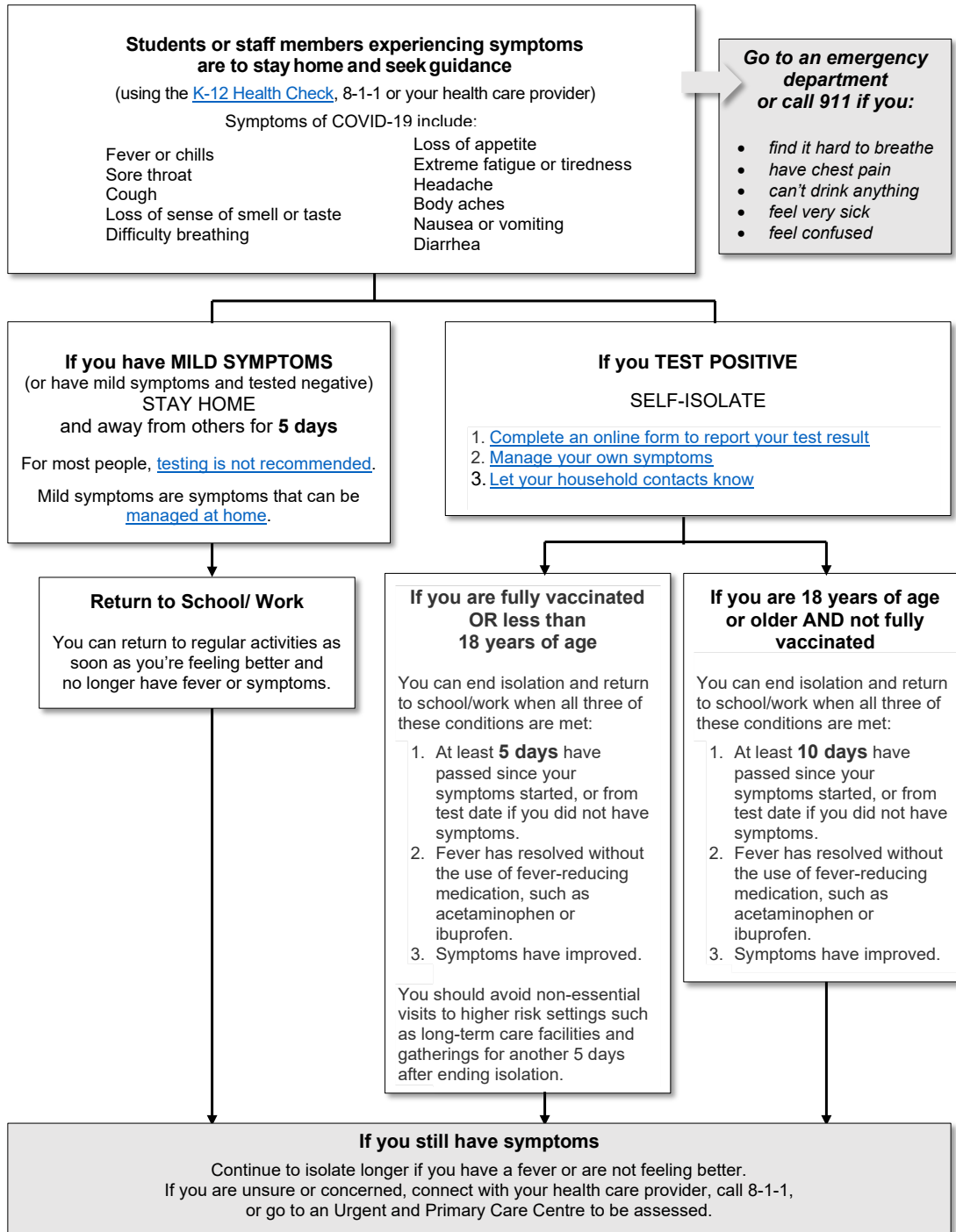
April 18 - Easter Monday

May 10 - Class Photo Day

May 19 - Welcome to Kindergarten Event

May 20 - Professional Development Day

COVID-19 Symptoms, Testing & Return to School



Close Contacts

Household contacts should continue to self-monitor for symptoms, and stay home if they get sick. All school students and staff members should regularly self-monitor for symptoms as usual as per the Daily Health Check. Those who develop symptoms should stay home. The best way to protect yourself and your family from COVID-19 is to get vaccinated. Vaccines are available for anyone ages 5 and up. Register now at: [Getvaccinated.gov.bc.ca](https://getvaccinated.gov.bc.ca)

Information for Travelers

If you are a traveler returning from outside Canada and test positive for COVID-19, you need to follow the quarantine requirements set by the Federal government. Visit the Government of Canada website for more information: travel.gc.ca/travel-covid

Daily Health Check

Everyone going into to school must complete a daily health check, including staff, visitors, and students. A daily health check means checking yourself or your child for new symptoms of illness, including symptoms of COVID-19.

Symptoms of illness (including COVID-19) include things like:

- Fever or chills
- Difficulty breathing
- Runny nose
- Headache
- Diarrhea
- Cough
- Sore throat
- Sneezing
- Body aches
- Loss of sense of smell or taste
- Loss of appetite
- Extreme fatigue or tiredness
- Nausea or vomiting

If you are sick or feel unwell, stay at home. This is important to stop the spread of illness, including COVID-19, in schools.

You can attend school if:

- Your symptoms are consistent with a previously diagnosed health condition (e.g., seasonal allergies), OR
- You have existing symptoms that have improved to where you feel well enough to return to regular activities,

AND you are not required to self-isolate, or your self-isolation period is over (based on a positive COVID-19 test result, if taken).

What to Do When Sick

If you have mild symptoms of COVID-19, you usually don't need a test. Mild symptoms are symptoms that can be managed at home. Most people don't need testing for COVID-19.

Stay home and away from others (as much as possible) until you feel well enough to return to your regular activities and you no longer have a fever. You should also avoid non-essential visits to higher risk settings such as long term care facilities and gatherings, for another 5 days after ending isolation.

If you have a Rapid Antigen Test at home, use it when you have symptoms. How long you should stay home depends on your test result. Find out more about [Rapid Antigen Test results](#).

If you do not have symptoms of COVID-19, you do not need a test.

If you are unsure about your symptoms, use the [Self-Assessment Tool](#), contact your health careprovider or call 8-1-1.

Testing may be recommended for some people who may be more likely to get severe disease. SeeBCCDC for information on [who testing is recommended for](#).

What to Do if Someone in Your Household is Sick

You can continue to attend school if someone in your household is sick and/or self-isolating as long asyou do not have any symptoms of illness and feel well. This includes if they have tested positive for COVID-19. Try to stay apart from the person in your household who is sick as much as possible.

Closely monitor yourself (or your child) for symptoms of illness and stay home if you develop symptoms of illness or feel unwell.

This information is adapted from the BC Centre for Disease Control. For more information, visit <http://www.bccdc.ca/health-info/diseases-conditions/covid-19>